

# Coach's Training: Bikepacking

## June 10-12

### Upper Michigan



The next level of Adventure is coming to Wisconsin! BIKEPACKING! We have a coaches only training camp planned for June 10-12. Then this group will lead student athletes on a similar experience in the Cable/Seely/Hayward area August 12-14 We will camp our first night and get to know everyone, make sure everyone has test packed at Country Village RV in Ishpeming, MI.

We will leave Saturday morning on June 11th and ride approximately 33 miles with 2 river crossings and will be staying on the beautiful shores of the Yellow Dog River in Champion County. Day 2 ride we will be riding about 38 miles back to the start.

Projected Day One: [Ishpeming – Yellow Dog](#) Projected Day Two: [Yellow Dog - Ishpeming](#)  
Route is 90% Gravel roads, 5-7% sand trail/road and the rest is some type of farm track, river bed or gulch where you may be pushing your bikes (hike-a-bike).

#### **Friday, June 10**

3:00pm Arrival to Country Village RV Park  
6:00pm Dinner  
10:00pm Lights out

#### **Saturday, June 11**

Breakfast and pack up  
9:00am 30-mile ride begins  
3:00pm Ride ends at Yellow Dog River  
6:00pm Dinner  
10:00pm Lights Out

#### **Sunday, June 12**

Breakfast, break camp, pack bikes  
8:00am 30-mile ride back  
2:00pm Ride ends at Country Village RV Park

**This ride and the camp will be completely self supported.** So, you will need to make sure you (have All your food for 2 days' worth of riding- plan on 6hrs/day on the bike, then you will need your dinner that night and breakfast the next morning ie., have enough calories to eat for the entire weekend. A water purifier, some way to cook food if you choose to cook food, you will need to carry your tent, sleeping bag, clothes, toiletries, etc.

## Registration

\$40 per coach to cover camping costs. [Register Here](#)



Questions? [Email Anthony James](#), WI Interscholastic Cycling League Camp Coordinator